

## LAB DRAW DAY AT HOME CHECKLIST

### BEFORE LAB DRAW

- Freeze ice packs the day before scheduled lab draw and gather shipping materials
- Record **ACTUAL Date of Collection:** \_\_\_\_\_
- If collection date is different than what is printed on the specimen barcode label, cross out the date and handwrite the actual collection date on the barcode label of each specimen
- Call FedEx at 800.463.3339 to schedule specimen pickup
- Record **FedEx Pickup Confirmation #:** \_\_\_\_\_
- Gather and prepare specimen collection materials
- Record **PRE Weight:** \_\_\_\_\_

### LAB DRAW

- Collect and invert specimens following Order of Draw prior to initiating treatment
- Centrifuge tubes with gel
- Refrigerate specimens in preparation of packaging
- Collect and invert POST lab specimen
- Centrifuge tubes with gel collected POST treatment
- Record **POST Weight:** \_\_\_\_\_
- Record **ACTUAL Treatment Time:** \_\_\_\_\_

### AFTER LAB DRAW

- Visually inspect each specimen to ensure proper labeling, correct collection date, tubes with gel have been centrifuged
- Place specimens in a biohazard transport bag and package using only Ascend provided shipping materials
- Record **FedEx Tracking # or place tracking receipt here:** \_\_\_\_\_

### LAB DRAW DAY AT HOME SUMMARY

<b>Record ACTUAL Date of Collection:</b>	
<b>Record PRE Weight:</b>	
<b>Record POST Weight:</b>	
<b>Record ACTUAL Treatment Time:</b>	
<b>Record FEDEX Pickup Confirmation #:</b>	
<b>Record FEDEX Tracking #:</b>	

Contact your Home Program as soon as possible to report actual date of specimen collection and treatment information. Do not send to Ascend's Laboratory.