

Instructions for Urine Culture Collection

For Female Patient

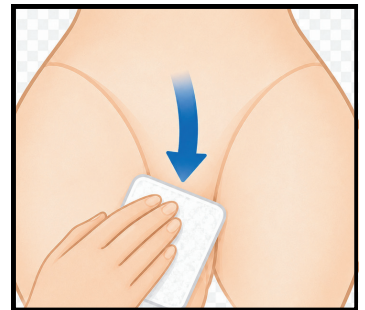
A clean catch specimen is necessary to confirm the presence or absence of infectious organisms. The specimen must be free of any contaminating matter that might be present on the genital organs. Cleansing agents, soap or detergent must be rinsed away from the urethral area before the specimen is collected.

1

Wash hands with soap and water.

2

Unscrew the lid of the urine specimen cup. Place the lid lip-up on the counter. Avoid touching the inside of the cup or lid.

3

If menstruating, first insert a fresh tampon or use cotton to stop the flow. Separate skin folds of the urinary opening. Clean urinary opening and surrounding area, front to back, with the antiseptic towelette.

4

Urinate into the toilet for a few seconds.

5

Place the collection cup into the stream of urine until the cup is 3/4 full, taking care not to touch the inside of the cup.

6

Finish urinating into the toilet.

7

Carefully place lid back on the cup to securely close.

8

Wash hands with soap and water.

9

Return the collected urine cup to the nurse or refrigerate at 2-8°C until ready to submit to the laboratory.